

MAY | 2019



EAST KNOX JR/SR HIGH LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29 JR/SR LUNCH PRICES
LUNCH \$2.50
REDUCED \$1.40
MILK .50
ADULT \$2.75

30 FREE/REDUCED LUNCH
APPLICATIONS ARE AVAILABLE IN
BUILDING OFFICES & ONLINE AT
www.ekschools.org

THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER

1 Pizza Burger/Bun
Or
Asst Chicken Wrap
Prince Charles Veggies
Mix Tropical Fruit
Milk

2 Chicken Parmesan/Breadstick
Or
Deli Sub
Northwest Veggies
Mandarin Oranges
Milk

3 Meatloaf/Roll
Or
Pepperoni Pizza
Corn
Mixed Berries
Milk

6 Mini Corn Dogs
Or
Chicken Patty/Bun
Southern White Beans
Pears
Milk

7 French Bread Pizza
Or
Deli Sub
Green Beans
Pineapple
Milk

8 Mini Burger
Or
Asst Chicken Wrap
Hash Browns
Applesauce
Milk

9 General Tso
Fried Rice & Egg Roll
Or
Deli Sub
Far East Veggies
Mandarin Oranges
Milk

10 COOK OUT!!!
Hamburger/Bun
Or
Hot Dog/Bun
Baked Beans
Fresh Fruit
Milk

13 Pizza Sub
Or
Chicken Patty/Bun
Peas & Carrots
Peaches
Milk

14 BBQ Pork/Bun
Or
Deli Sub
French Fries
Applesauce
Milk

15 Meatball Sub/Bun
Or
Asst Chicken Wrap
Mixed Veggies
Mixed Tropical Fruit
Milk

16 Soft Tacos
Or
Deli Sub
Refried Beans
Mandarin Oranges
Milk

17 Open Faced Roast Beef
Or
Cheese Pizza
Mash Potatoes/Gravy
Pineapple
Milk

20 Calzone
Or
Chicken Patty/Bun
Carrots
Pears
Milk

21 Drumstick/Biscuit
Or
Deli Sub
Scallop Potatoes
Mandarin Oranges
Milk

22 Marzetti/Bread Stick
Or
Asst Chicken Wrap
Veggies
Applesauce
Milk

23 Quesadilla
Salsa & Sour Cream
Or
Deli Sub
Veggies
Mandarin Oranges
Milk

24 DOMINO'S
GREEN BEANS
STRAWBERRY CUPS
MILK



28 GOOD LUCK
CLASS OF 2019
MAY ALL YOUR DREAMS
COME TRUE!!!

29 SENIOR GRADUATION
PRACTICE & AWARDS
MAY 16, 2019

30 ALL SENIOR FEES
ARE DUE
MAY 10, 2019

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News

OFFERED DAILY
CHEF SALAD/CRACKER
FRESH SEASONAL FRUIT
FRESH VEGGIE BAR

BREAKFAST IS FREE TO
ALL STUDENTS!!

MENU IS SUBJECT TO
CHANGE

BULLDOG HAPPENINGS:
MAY 15TH SENIOR LAST
DAY
MAY 19TH 2PM
GRADUATION
MAY 24TH LAST DAY OF
SCHOOL

